

Books

The Womanly Art of Breastfeeding

The Nursing Mother's Companion

The Essential Guide to Breastfeeding

Breastfeeding, A Parent's Guide

Breastfeeding, Your Guide to a Healthy

Happy Baby Pocket Guide

Breastfeeding 101: A Step-by-Step Guide to

Successfully Nursing Your Baby (2nd edition)

Ultimate Breastfeeding Book of Answers

McDonald County
WIC Program:

Any questions regarding breastfeeding
please call

McDonald County Office
500 Olin Street
Pineville MO, 64856
417-223-4351

Breastfeeding Peer Counselor
Sarah Wilson
417-223-4351 ext 306
sarah.wilson@mcdonaldcountymo.gov

Breastfeeding Coordinator
Roberto Correa
417-223-4351 Ext.311
roberto.correa@mcdonaldcountymo.gov

WIC Coordinator
Karen Buckman
417-223-4351 ext 307
Karen.buckman@mcdonaldcountymo.gov



McDonald County
WIC Program

Breastfeeding Support
And
Services

WIC Provides:

- Information about the benefits of Breastfeeding
- Tips for talking to Family members
- Peer Counselors who want to help you have an enjoyable breastfeeding experience
- Breast Pumps ~ Manual and Electric
 - Harmony Manual Breast Pumps
 - Medela Multi-User Electric Pump
 - Personal Double Electric Single-User Breast Pumps
- Extra WIC foods for breastfeeding moms

Websites:

Missouri Breastfeeding Coalition

<http://www.mobreastfeeding.org/>

Breastmilk Counts

<http://www.breastmilkcounts.com/>

Women's Health

<http://www.womenshealth.gov/publications/our-publications/breastfeeding-guide/>

La Leche League

<http://www.llusa.org/>

Breastfeeding Twins

<http://www.breastfeedingtwins.org>

Breastfeeding Friendly Hospitals

Hannibal Regional Hospital
6000 Hospital Drive
Hannibal, MO 63401-6887



McDonald County Health Department
& WIC Program is an
Equal Opportunity
Employer & Provider